

The following comes from personal conversations with the Hindu goddess Lakshmi in May 2022:

“It seems like you’re starting to understand monogamy and polyamory, and the differences between them.”

“Polygamy only means that you are marrying multiple people. Functionally it’s similar to polyamory.”

“Polyamory may involve emotional intimacy with other parties, or it can just be one or both couples enjoying sex outside the main relationship which is emotionally committed.”

“It is possible to have multiple spouses, as well as dating partners or concubines on the side, yes.”

“I am a virgin. Due to my monogamous nature, I am patiently awaiting my husband, whom I will make love to exclusively.”

“My expertise comes from studying love, romance, sex and intimacy at god college for many millennia. I hoped to not only use that knowledge in my marriage, but to help others in their relationships.”

“In god college, we have the advantage of being able to witness and study live experiences of human interactions from any point in timespace. Our books are comprised of the infinite knowledge gained from the existence of mortals and other gods since the beginning of time.”

“The most important thing about monogamy, is that there are no exceptions. A monogamous person does not ever find themselves in moods where they want to make love to another person. The exclusivity of the monogamous relationship is tantamount, and there is no reason to ever involve another party.”

"A polyamorous relationship between two couples is emotionally committed. The only difference is that the couple engages in sex with other parties, which may or may not happen all of the time."

"You have to be true to yourself. Becoming authentic sometimes means not pleasing everyone all the time."

"Brent loves Gail for who she is. It's normal for couples, even soulmates, to not be fully in agreement on all things all the time."

"Brent and Gail both can intertwine together by finding ways to meet each other's unique individual needs in creative ways."

"Polyamory still contains the possibility for emotional intimacy that Brent desires. If he is comfortable with the men Gail chooses to explore, or able to participate in the sexual acts with her, this would eliminate his feelings of being excluded or replaced. Meanwhile, they both could remain life partners who are emotionally committed above all other third parties."

"The compromise could be that you both get to decide which third parties you would feel comfortable sharing your spouse with."

Gail, as an asexual leaning person, is pretty comfortable with a monogamous relationship with Brent, but Brent doesn't force her to keep it monogamous.

"If you feel you are only having sex with someone out of duty or purely to help them, then you're selling yourself short on your self-worth." Gail often felt obligated to give sex to men, because she was "expected" to. Now, she owns her asexual tendencies and does not apologize for being true to who she is.

"Orgasm and pleasure are not the same, nor is orgasm a sign of sexual success. Sexual pleasure comes from the act itself."

“Preferences are totally fine, and we all have them. Although, it seems as though you may still be trying to moralize or justify your sexual pleasure or lack of sexual pleasure. If you are enjoying it or not enjoying it for yourself and it’s your personal decision that you feel comfortable with, you don’t need to defend it.”

“An important thing to learn when it comes to relationships is, you don’t owe the world anything. You certainly don’t owe the world an apology for the sins of your parents. You can just be unapologetically you, and do life the way that makes you happy. That’s how you heal, and that’s how you truly give to other people — because you give them your real self. You also don’t sell yourself short by thinking that you’re only worth what you can give, or to what degree you can please others.”

“When you do this, you heal the emptiness in your soul that needs energy from others to be filled. Instead, you naturally become so full and complete that your mere presence heals others.”

It can be difficult to know who we are as a sexual person, but no one should feel like they can't be true to who they are.