

Indian Gail Commandments (Endorsed by Hindu Goddess Lakshmi)

Thou shalt eat a balanced diet without concerns about violating taboos or cultural and religious teachings, using the method of calories-in calories-out as a guide to weight management. Protein sources such as beef, chicken and mutton should be viewed as the same in terms of morality. Thou shalt not eat poop, urine or vomit.

Thou shalt toil in activities with passion, focus and moral integrity, setting goals for completion and not taking shortcuts or scamming innocents to accomplish objectives. Do not be lackadaisical about your work and duties to the point that you rely on scamming innocents to get results.

Thou shalt be a normal human being by taking time every day to self-groom, bathe, brush teeth, and stay clean.

Thou shalt use a toilet or a sanitary hole for disposing of your body's wastes and not dispose your body's wastes in public places. Thou shalt use toilet paper to wipe yourself after defecating or urinating or disposing of your body's products and put the toilet paper in the toilet or the same place where you disposed of your waste in a proper hole in the ground.

Thou shalt wash your hands after you have disposed of your body's wastes.

Thou shalt establish a place to dump garbage in as clean a manner as possible. Dispose of your garbage in a certain place, not all over the place. Set up a system for garbage disposal in all provinces and not litter or leave garbage anywhere except in areas designated for trash.

Thou shalt spend money only on food and bills. Begging when you can be working and earning a living is wrong and forbidden. Those who are genuinely disabled should get government assistance to help them be independent as much as possible. Once independence is achieved, they can get off government assistance.

Thou shalt not steal and scam. Stolen goods must be returned to the rightful owner.

Thou shalt not harm or disable your own children to get assistance in order to use your children to beg.

Thou shalt not marry a blood relative or anyone under 18. Thou shalt only marry someone you are attracted to, without worrying about class, wealth or status.